



The sense that you are real and separate from all else in the Universe is an illusion created in your brain so that this life can be known.



Life is a dream that who you really are is having and the awakening from this dream is where true bliss is to be found.



Before we can awaken, we must be asleep. In order to find our way home, we must first be lost and in search of clues we must surely have left behind.



Free will is an illusion. All choices come from how we perceive things at the moment of choice. Change only occurs when that perception is altered by our experience of things as other than how we thought them to be.