



The snake, dragon, and crucifix are all symbols representing the central idea around which all spiritual disciplines revolve. Surrendering to the way of things. Letting go of how you want it to be or think it needs to be so you can be with how it is. The snake shedding its skin so that it can grow into what it needs to become. The dragon confronting us with our deepest fears so that we can overcome them and be transformed by their falling away. And the crucifix representing that moment of death when we have the opportunity to let go of everything and thereby come to know who we really are.